1. Name of faculty: DR NIMALI SINGH

2. Department: DEPARTMENT OF HOME SCIENCE

3. Designation: ASSOCIATE PROFESSOR

**4. Age as on 01.01.2016:** 46 years 5 months 6 days

**5. Educational Qualifications:** M. Sc, (SLET, NET) Ph.D. PG Diploma in Public Health Nutrition

**6. Teaching Experience as on 01.01.2016:** 19 years 10 months

Address (Local): L- 3B, Maharani's College Staff Quarters, Near Diggi House, C-Scheme, Jaipur- 302001

**8.** Address (Permanent): L- 3B, Maharani's College Staff Quarters, Near Diggi House, C-Scheme, Jaipur- 302001

9. Phone / Mobile Number: +919784496333

**10. Email ID:** nimalisingh@yahoo.co.in, drnimalisingh@gmail.com

#### 11. Details of Research Projects:

S.	Title of project	Co-	Funding	Year of	Year of	Funds
No.		investigator	Agency	sanction	completion	received
		if any				(in Lacs)
1	Community Based	Kesar Chayal	UNICEF	2015	2015	12 Lakhs
	Strategy for Infant and					
	Young Child Feeding in					
	Baran District					
2	Comparative Study on the	NA	UGC	2012	2015	10.8 lakhs
	Effect of Nutritional and					
	Health Education And					
	IFA Supplementation On					
	Health and Nutritional					
	Status Of Saharia V/S					
	Non Saharia Women of					
	Baran District					
3	Tracking of Women and	Dr Reshma	UNICEF	2012	2012	10 lakhs
	Children in Sawai	Boolchandani				

	Madhopur District:					
	Detailed Study					
4	Tracking of Women and	NA	UNICEF	2011	2011	1,05,000
	Children in Sawai					
	Madhopur District:					
	Baseline Study					
5	Tracking of Women and	NA	UNICEF	2011	2011	1,37,000
	Children in Tonk					
	District: Baseline Study					
6	Monitoring And	Dr Kanika	UNICEF	2008	2010	48 lakhs
	Supporting IMCNI	Varma				
	Integrated Management					
	of Childhood Illnesses,					
	And Improving Child					
	Survival Program At					
	Baran District Of					
	Rajasthan.					
7	Monitoring And	Dr Shubha	UNICEF	2009	2010	46 Lakhs
,	Supporting IMCNI	Dube & Dr	CIVICLI	2007	2010	40 Lukiis
	Integrated Management	Reshma				
	of Childhood Illnesses,	Boolchandani				
	And Improving Child	Boolenandam				
	Survival Program At					
	_					
	Rajasthan.		· · · · · · · · · · · · · · · · · · ·	2000	2000	10.1.11
8	Effectiveness of an	Principal	UNICEF	2008	2008	12 lakhs
	Intensive Food	Investigator-				
	Supplementation	Prof Beena				
	Intervention on Growth	Mathur &				
	of 6 Months to 3 Years	Prof Anju				
	Old Children in Rural	Bhatia				
	Baran.					
9	A Comparative Study on	NA	DST-GOR	2005	2005	10,000

the Changes in Vascular		
Profile of NIDDM		
Patients on		
Supplementation with		
Two Types of N3 Fatty		
Acids (Maxepa and		
Flaxol)		

## 12. List of Publications:

S.	Authors names	Title of paper	Name of Journal	Vol. No.	Pages	Year
No.					from – to	
1	Nimali Singh and	Comparative	International	5 (3)	24-27	2015
	Mukta Agarwal	Analysis of	Journal of			
		Effectiveness of	Fundamental and			
		three different	Applied Life			
		Weight Reduction	Sciences,			
		Techniques in Pre-	http://www.cibtec			
		menopausal Women	h.org/jls.htm 2015			
2	Ankita Sharma,	Utilisation of poppy	International	4 (4)	84-90	2015
	Parul Sharma and	seeds (papaver	Journal Of Food			
	Nimali Singh	somniferum) by	And Nutritional			
		reducing morphine	Sciences			
		for new food	www.ijfans.com,			
		product				
		development				
3	Ankita Sharma,	Reduction of	International	5 (2)	13	2015
	Parul Sharma and	Morphine in Poppy	Journal for Food,			
	Nimali Singh	Seeds through food	Agriculture and			
		processing for	Veterinary			
		enhancing	Sciences			
		nutritional quality				
		of food products,				
4	Ankita Sharma,	A Multifarious	International	6 (6)	4825-4829	2015

	and Nimali Singh	Potent herb:	Journal of Recent			
		Plumbago	Scientific			
		Zeylanica	Research			
5	Monika, Sadia	Impact of IFA	International	3 (3)	62-68	2015
	Chishty, and	Supplementation,	Journal of			
	Nimali Singh	Health and	Innovative			
		Nutrition Education	Research and			
		in Improvement of	Review (Online)			
		Nutritional and	An Online			
		Health Status of	International			
		Saharia Women of	Journal			
		Baran District	http://www.cibtec			
			h.org/jirr.htm			
			2015			
6	Tejender Kaur	Inadequate sleep,	International	6 (8)	8006-8008	2014
	Sarna and Nimali	reduced physical	Journal of			
	Singh	activity and	Current			
		increased screen	Research,			
		time responsible for				
		obesity in children				
7	Richa Chaturvedi	Impact of stress and	International	4 (9)	1898-1901	2014
	and Dr. Nimali	diet in achieving	Journal of			
	Singh	weight loss	Development			
			Research			
8	Richa Chaturvedi	Role of Calcium in	International	2 (3)	10-16	2013
	and Nimali Singh	Obesity: Does it	Journal of			
		Help?	CIBTech Journal			
			of Zoology			
			(Online)			
9	Richa	Impact of Visible	Indian Journal of	50	373-377	2013
	Chaturvedi,	Dietary Fat on	Nutrition and			
	Nimali Singh and	Cardiovascular	Dietetics			
	Ram Chandra	Fitness				

10	Richa	Incidence of	Journal of Food	45 (3)	432-437	2013
	Chaturvedi, Ram	"diabesity" among	Science and			
	Chandra, Nimali	morning walkers of	Nutrition			
	Singh	Jaipur city (India)				
11	Richa	Nutritional factors	Journal of	43 (5)	467-474	2013
	Chaturvedi,	as catalyst for	Nutrition and			
	Nimali Singh	weight reduction	Food Science;			
<u>12</u>	Nimali Singh and	Nutritional Status of	Journal of	1 (2)	132-139	2012
	Mahima Matta	Type 2 Diabetes	Rajasthan			
		Patients	Statistical			
			Association,			
13	Richa	Knowledge,	Journal of	42 (3)	148-155	2012
	Chaturvedi,	Attitudes and	Nutrition and			
	Nimali Singh,	Practices on CHD	Food Science			
	Reshma	in Businessmen and				
	Boolchandani,	Patients				
	Hina khan and					
	Ram Chandra					
14	Richa	Changes in	Journal of	42 (1)	41-47	2012
	Chaturvedi,	knowledge,	Nutrition and			
	Nimali Singh	attitudes and	Food Science			
		practices among				
		coronary artery				
		disease patients				
15	Reshma	Reduction in	Current Medical	12	2264-68	2008
	Boolchandani,	Menopausal	Trends			
	Dipika Yadav,	Symptoms by				
	Kanika Varma,	Phytoestrogen and				
	Nimali Singh and	Micronutrient				
	Nupur Hooja	Supplementation;				
		An Intervention				
		Study.				
<u>16</u>	Nimali Singh,	Efficacy of Iron	Shodh, Samiksha	1 (3)	184-186	2008

	Reshma	Rich Leaf	aur Mulyankan,			
	Boolchandani,	Concentrate on the				
	Kanika Varma,	Haemoglobin Level				
	Divya Banga,	of Adolescent Girls				
	Beena Mathur	(13 to 18 years) in				
	and Shubha Dube	an Orphanage of				
		Jaipur City,				
17	Kanika Varma,	Effect of Lucerne	Shodh, Samiksha	1 (3)	211-212	2008
	Nimali Singh,	Concentrate on	aur Mulyankan			
	Reshma	Nutritional Status of				
	Boolchandani,	Chronic Myeloid				
	Beena Mathur,	Leukemia Patients,				
	Aditi Lodha ,					
	Hemant					
	Malhotra					
18	Neeru Saluja;	Profile of	Nucleus: An	5 (2)	35-46	2005
	Nimali Singh	Entrepreneurs with	Interdisciplinary			
	and Rashmi Jain	Special Reference	Journal of			
		to Women	Humanities and			
		Entrepreneurs.	Social Sciences.			
19	Neeru Saluja and	Communication	Communication	8	53-60	2005
	Nimali Singh	through Clothing,	Today,	(122)		
<u>20</u>	Singh. N and	Assessment of	South Asian	7	41-47	2003
	Agarwal. M	Weight Reduction	Journal of			
		in Women with	Preventive			
		Combination of	Cardiology			
		Electronic Device,				
		Diet and Exercise.				
21	Jain. H and	Nutritional Status of	Indian Journal of	40	91-98	2003
	Singh. N	Women in	Nutrition and			
		Sedentary Jobs in	Dietetics			
		Jaipur City				
22	Singh. N,	Body Mass Index	Current Medical	6	1238-1244	2002

Boolchandani. R,	and Waist Hip Ratio	Trends		
Vanjani. S,	as a Risk Factor in			
Chaturvedi. R	Male Coronary			
and Khan. H	Artery Disease			
	Patients and			
	Businessmen in			
	Jaipur city			

#### 13. List of Conferences / Symposium/ Refresher Courses organized

- ➤ Organized 3 day Intensive training on Folk Media as medium of creating awareness regarding Infant and Young Child Nutrition organized jointly by Department of Home Science and Department of Dramatics, University of Rajasthan, Supported by UNICEF, from 1<sup>st</sup> 3<sup>rd</sup> October 2015.
- ➤ Organized One day Symposium on Maternal and Child Nutrition organized by Department of Home Science, Supported by UNICEF, on 4<sup>th</sup> September 2015.
- Organized a 3 Day State Level training on Infant and Young Child Nutrition from 26<sup>th</sup> to 28<sup>th</sup> April 2015, at Jaipur Palace, Jaipur Supported by UNICEF
- ➤ Organized a 1 Day Sensitizing training for Post Graduate students and Ph D students, on Infant and Young Child Nutrition on 9<sup>th</sup> May 2015, at Department of Home Science, University of Rajasthan, Jaipur Supported by UNICEF
- ➤ Organizing Secretary: National Seminar on "Missed Opportunities in Child Nutrition Health and Development" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan, Supported by UNICEF, 30-31<sup>st</sup> January 2015.
- ➤ National conference on Holistic Human Development: contribution of Multi disciplinary Research held from 24<sup>th</sup> 26<sup>th</sup> February 2014 under SAP Department of Home Science, University of Rajasthan Jaipur
- National Seminar on "Positioning Women Entrepreneurship in Changing Socioeconomic Milieu" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan & NABARD 2 & 3 February, 2012.
- ➤ Seminar on Strengthening of Nutrition and Health Cell, Special Assistance Program
  Department Of Home Science, University Of Rajasthan, Jaipur on17 Sept 2011

- ➤ Two Day State Level Conference on Nutrition and Health, organized by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).
- ➤ One day Workshop on "Improving & Strengthening IMNCI in Baran and Bundi district of Rajasthan" on 8th Dec '09 at PG Deptt. Of Home Science, University of Rajasthan, Jaipur.
- ➤ Anti-Obesity Camp on 26<sup>th</sup> Nov '09 in association with Pranoflax and Ridhm Health & Wellness Pvt. Ltd. and Times of India group, at Shyam Nagar, Jaipur.
- ➤ One day Workshop on Interview Skills and CV writing organized by Home Science Alumni Association, Jaipur and Department of Home Science, University of Rajasthan, Jaipur on 14 Oct 2008.
- Fitness and Health Camp organized in association with IDA, Rajasthan Chapter; P.G. Department of Home Science and Monilek Hospital and Research Centre in 2006.
- ➤ Health awareness Camp organized in association with IDA, Rajasthan Chapter; P.G. Department of Home Science and Monilek Hospital and Research Centre at Monilek Hospital and Research Centre on 14 Oct 2006, on World Diabetes Day.
- Symposium on "Career options in Home Science", in Maharani's College, University of Rajasthan, Jaipur on 14 Sept 2005 organized in association with Home Science Alumni Association, Jaipur Chapter and P.G. Department of Home Science University of Rajasthan, Jaipur,
- ➤ Health awareness Camp organized in association with IDA, Rajasthan Chapter; P.G. Department of Home Science and Monilek Hospital and Research Centre at Monilek Hospital and Research Centre on 11 Jul 2005, on World Population Day.
- Fitness and Health Camp organized in association with IDA, Rajasthan Chapter; P.G. Department of Home Science and Fitness Cell, Maharani's College, University of Rajasthan, Jaipur, 1 Oct 2004.
- Fitness and Health Camp organized in association with IDA, Rajasthan Chapter; P.G. Department of Home Science and Fitness Cell, Maharani's College, University of Rajasthan, Jaipur. Feb 2004.

# 14. List of Conferences / Symposium/ Refresher Courses Attended ACADEMIC STAFF COLLEGE ORIENTATION/REFRESHER COURSE/SUMMER SCHOOLS ATTENDED:

S. No.	Name of the Course/	Place	Duration	<b>Sponsoring Agency</b>
	Summer School			
1	Participated in 3 day Intensive training	Jaipur	1 <sup>st</sup> – 3 <sup>rd</sup> Oct	UNICEF
	on Folk Media as medium of creating		2015	
	awareness regarding Infant and Young			
	Child Nutrition			
2	Participated in 3 day Intensive training	Jaipur	28-30 <sup>th</sup> April	UNICEF
	on Infant and Young Child Nutrition		2015	
3	Participated in 3 <sup>rd</sup> International	New	16-20	Centre for Chronic
	Seminar on Nutrition Research	Delhi	December'	Disease Control in
	Methods		13	Collaboration with Public
				Health Foundation of
				India, New Delhi, India.
4	Professional Development Course for	Jaipur	14 <sup>th</sup> to 19 <sup>th</sup>	UGC and Academic Staff
	Administrative Staff		October	College, Jaipur
			2013	
5	Malnutrition Treatment: Treating	Jaipur	Mar 2012	Directorate of Medical
	Severely Acute Malnourished child in			Health & Family Welfare,
	hospitals			Rajasthan And UNICEF
6	Refresher course in Behavioural	Jaipur	14 Dec '09	UGC and Academic Staff
	Sciences- Research Methodology in		to 2 Jan '10".	College, Jaipur
	Behavioral Sciences			
7	72nd Orientation Course	Jaipur	11 Feb '09 to	UGC and Academic Staff
			9 Mar '09	College, Jaipur
8	Physicians Training Workshop on	Jaipur	20 Feb-27	Organized By Dept. Of
	IMNCI (Integrated Management of		Feb 2008.	Paediatrics, S.M.S.
	Neo-Natal Childhood Illnesses)			Medical College,
				Directorate of Medical
				Health & Family Welfare,

				Rajasthan And UNICEF,
				Jaipur
9	Refresher course in Home Science	Jaipur	11.11.02 to	UGC and Academic Staff
	entitled "Higher Education in Home		30.11.02	College, Jaipur
	Science: Challenges & Opportunities			

## Seminars/Conference/ Symposia workshop attended

Name of the Seminars/Conference/	Name of the Sponsoring	Place and Date
Symposia workshop, etc.	Agency	
National Conference on Prevention and	Department of Home Science, IIS	Jaipur, 8-9 Jan 2016
Management of NCDs	University, Jaipur	
3 day workshop on Folk Media for creating	Department of Home Science and	Jaipur 1-3 <sup>rd</sup> October
awareness on IYCN in Baran District	Department of Dramatics,	2015
	University of Rajasthan, Jaipur,	
	Supported by UNICEF	
One Day Symposium on Maternal and Child	Department of Home Science,	Jaipur, 4th Sept
Nutrition Organized by Department of	University of Rajasthan, Jaipur,	2015
Home Science, University of Rajasthan,	Supported by UNICEF	
Jaipur, Supported by UNICEF		
Sensitizing Students on Infant Young Child	Department of Home Science,	9 <sup>th</sup> May 2015
Nutrition	University of Rajasthan, Jaipur,	
	Supported by UNICEF	
Training on Infant and Young Child	Department of Home Science,	Jaipur April 26-28,
Nutrition (IYCN) Counseling	University of Rajasthan, Jaipur,	2015
	Supported by UNICEF	
2 <sup>nd</sup> National Conference on "Urban Health:	IIHMR & Urban Health Society of	4-5 April 2015
Opportunity for Multi Sector Partnership"	India	
National Seminar on Missed Opportunities	SAP- UGC, Department of Home	Jaipur, 30-31st Jan'
in Child Nutrition Health and Development	Science, University of Rajasthan,	2015
	Jaipur, Supported by UNICEF	
National Conference on" Social Exclusion	Organized by department of	December
and Inclusive Development"	Sociology and centre for the study	22-23, 2014

	of Social Exclusive and inclusive	
	policy, University of Rajasthan	
	Jaipur	
Rajasthan Conclave-2,	Organized by Desert Medicine	21-23 <sup>rd</sup> Sept, 2014
	Research Centre, ICMR, at DMRC,	
	Jodhpur.	
National seminar on Reproductive Health	Organized by Dept. of Zoology, IIS	12-13 September
Awareness on 12-13 sept,2014,	Univ. Jaipur under ISSRF.	2014
National conference on Holistic Human	SAP Department of Home Science,	Jaipur, 24-26
Development: contribution of Multi -	University of Rajasthan Jaipur	Feb'14
disciplinary Research		
National Conference on "Food Based	IIS University in Collaboration	Jaipur, 21 -22 <sup>nd</sup>
Strategies: An Initiative to Combat	with National Health Mission,	January 2014.
Micronutrient Deficiencies"	Department of Medical, Health and	
	Family Welfare, Government of	
	Rajasthan and UNICEF	
Participated in 3 <sup>rd</sup> International Seminar on	Centre for Chronic Disease Control	New Delhi, 16-20
Nutrition Research Methods	in Collaboration with Public Health	December' 13
	Foundation of India, New Delhi,	
	India.	
National Conference on Bioactive	National Institute of Food	Kundli, Sonepat
Compounds and Functional Foods in Health	Technology Entrepreneurship and	Haryana.
and Disease Management	Management, Ministry of Food	15- 16 <sup>th</sup>
	Processing Industry, GOI,	November,2013,
Symposium on "Oryazanol: The	IDA,Jaipur, Adani Wilmar and Via	Jaipur,
quintessential Cardio-nutrient"	Media	21 Sept'2013
National Conference on revisiting issues of	Pragya, Maharani's College, UOR,	Jaipur, 11-13
Women's Security: From Womb to Tomb"	Sponsored By National Women	Sept'13
	Commission	
Nutrimeet 2013	IDA Jaipur, Via Media and	Jaipur, 7 Sept'2013
	Nutrition Republic	

Hospital     National Conference on – Application of Natural Products for Human Health & Department of Zoology, University of Rajasthan, Jaipur, Rajasthan     International Seminar: Interpreting Feminism vis- a'-vis Activism     National Workshop on "Idea Of Rajasthan"   SAP DRS II Department of Sociology by UOR
Natural Products for Human Health & Bioremediation of Pollutants  International Seminar: Interpreting Feminism vis- a'-vis Activism  National Workshop on "Idea Of Rajasthan"  SAP DRS II Department of Jaipur, 29 Mar 2012  Sociology by UOR  Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association held at Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Bioremediation of Pollutants  International Seminar: Interpreting Feminism vis- a'-vis Activism  National Workshop on "Idea Of Rajasthan"  SAP DRS II Department of Sociology by UOR  Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association held at Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme  Program  Of Rajasthan, Jaipur, Rajasthan  Jaipur, Jaipur, Jan 2013  Jaipur, 29 Mar 2012  Jaipur, 27 Feb'2012  Hospital  NABARD & Deptt. Of Home Jaipur, 2-3 February 2012  Science  2012  3rd -5th November 2011.  Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme  Department Of Home Science  University Of Rajasthan  Jaipur  6th Biyani's International Conference Faculty of Science and Department  Sept. 19-21, 2011
International Seminar: Interpreting Feminism vis- a'-vis Activism  National Workshop on "Idea Of Rajasthan"  SAP DRS II Department of Sociology by UOR  Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association held at Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme Department Of Home Science University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Feminism vis- a'-vis Activism  National Workshop on "Idea Of Rajasthan"  SAP DRS II Department of Sociology by UOR  Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association held at Sciences, New Delhi,  Application of Public Health and Nutrition Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program  Other Home Science University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
National Workshop on "Idea Of Rajasthan"  SAP DRS II Department of Sociology by UOR  Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association held at All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme  Sciences in Community Development Program  Other Home Science  University Of Rajasthan Jaipur  SAP DRS II Department of Jaipur, 29 Mar 2012  Jaipur, 27 Feb'2012  Jaipur, 27 Feb'2012  Science 2012  2012  2011  Science 3rd -5th November 2011.  Sciences, New Delhi,  Special Assistance Programme Department Of Home Science University Of Rajasthan Jaipur  Sept. 19-21, 2011
Symposium on Probiotics  IDA Jaipur and Fortis Escorts Hospital  National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association  All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme Program  University Of Rajasthan Jaipur  Socience and Department Sept. 19-21, 2011
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National Seminar on Positioning Women Entrepreneurship in Changing Socioeconomic Milieu  44th Annual National Conference of Indian Dietetic Association All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program University Of Rajasthan Jaipur  Hospital  NABARD & Deptt. Of Home Jaipur,2-3 February 2012  2012  2012  2012  2013  3rd -5th November All India Institute of Medical Sciences, New Delhi,  Special Assistance Programme Josephane University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
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Entrepreneurship in Changing Socio- economic Milieu  44th Annual National Conference of Indian Dietetic Association Held at Dietetic Association All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
economic Milieu  44th Annual National Conference of Indian Dietetic Association Held at All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
44th Annual National Conference of Indian Dietetic Association  All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Sciences in Community Development Program  Other Dietetic Association  All India Institute of Medical Sciences, New Delhi,  Special Assistance Programme Department Of Home Science University Of Rajasthan Jaipur  Other Dietetic Association held at 3rd -5th November All India Institute of Medical Sciences, New Delhi,  Special Assistance Programme University Of Rajasthan Jaipur  Other Dietetic Association held at 3rd -5th November All India Institute of Medical Sciences, New Delhi,  Sciences in Community Development Department Of Home Science University Of Rajasthan Jaipur  Other Dietetic Association held at 3rd -5th November All India Institute of Medical Sciences, New Delhi, Sciences in Community Development Department Of Home Science University Of Rajasthan Jaipur
Dietetic Association  All India Institute of Medical Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme  Sciences in Community Development Department Of Home Science  University Of Rajasthan  Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Sciences, New Delhi,  Application of Public Health and Nutrition Special Assistance Programme Sciences in Community Development Program University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Application of Public Health and Nutrition Sciences in Community Development Program University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Sciences in Community Development Department Of Home Science Program University Of Rajasthan Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Program  University Of Rajasthan  Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
Jaipur  6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
6th Biyani's International Conference Faculty of Science and Department Sept. 19-21, 2011
(RICON-11) of Muraina Rivani Cirla Callega
(DICOIT-11) of Nuising, Diyani Giris Conege,
Jaipur
Seminar on Strengthening of Nutrition and Special Assistance Programme 17 Sept 2011
Health Cell Department Of Home Science
University Of Rajasthan
Jaipur
International Conference on Reproductive Centre for Advanced Study, 8-10 Feb 2010
Health and 20th Annual Meeting of the Department of Zoology, University
Indian Society for the Study of Reproduction of Rajasthan, Jaipur, Rajasthan

and Fertility,		
International Conference on Health for All:	India International Institute of	Sept 21-23, 2009
Opportunities and Challenges.	Social Sciences at Jaipur, India.	
One day workshop on "Implementing	State Institute of Health and Family	4th May 2009
Supportive Supervision in IMNCI.	Welfare Jaipur.	
Symposium on Multi-centric DST Funded	INSA, New Delhi organized by	5th April 2009.
Study on Nutrition in Women & Consensus	Dept. of Science & Technology,	
Conference on Indian Diets for Prevention	Ministry of Science & Technology,	
of Obesity and Related Disorders.	Govt. of India & Diabetes	
	Foundation of India	
One day Workshop on Interview Skills and	Home Science Alumni Association,	14 Oct 2008.
CV writing	Jaipur and Department of Home	
	Science, University of Rajasthan,	
	Jaipur	
Two day Workshop on Research	Department of Adult and	28 and 29 Jul 2008.
Methodology in Social Sciences.	Continuing Education, University	
	of Rajasthan, Jaipur	
One day Seminar on Patent Awareness	Department of Chemistry,	25 Jun 2008.
Program	University of Rajasthan, Jaipur	
International Conference: Free Radicals and	CAS Dept of Zoology U.O.R,	14- 16 Feb 2008
Natural Products in Health and 7th Annual	Jaipur	
Meeting of SIFFR- INDIA		
EPIGENESIS: Platinum Jubilee	Lady Irwin College, University of	Oct 4-6, 2007
International Conferences on Empowerment	Delhi, New Delhi	
for Excellence in Home Science		
Workshop for Salt Traders and Retailers on	UNICEF and Department of Home	6 Feb 2007
availability of iodized salt and awareness of	Science, University of Rajasthan,	
PFA Act, 1954	Jaipur,	
One Day Orientation and Training	Department of Home Science,	20 November 2006
Workshop on Iodine Deficiency Disorder	University of Rajasthan, Jaipur,	
Workshop on "Methodologies on Fitness	SNDT College, Mumbai and	15-16 Sept'06

Assessment"	Nutrition Society of India, Mumbai Chapter,	
Seminar on "Health Benefits of Soy"	Maharani's College, University of Rajasthan, Jaipur.	Sept 2005
WHO-ICMR Workshop on Non Communicable Diseases Prevention and control, background information,	WHO-ICMR, Jaipur	29-30 Aug'05
Workshop on U.G. Syllabi Revision.	P.G. Department of Home Science, University Of Rajasthan, Jaipur.	5-7 Jan 2004
Panel discussion on "Breast feeding in a globalized world for peace and justice.	Department of Home Science, University Of Rajasthan, Jaipur and CARE	1st Aug 2003
Seminar on Cardiology and Diabetes	Jaipur APICON Trust and Mahatma Gandhi National Institute of Medical Sciences, Sitapura, at Hotel Jaipur Palace, Tonk Road, Jaipur.	20 Jul 2003
Workshop on "Role of Home Scientists in Elimination of IDD"	Department of Home Science, University Of Rajasthan, Jaipur.	30th Nov 2000
Workshop on 'Higher Education in Home Science Prospects and contents.	International College for Girls in Collaboration with Department of Home Science, University Of Rajasthan, Jaipur	17th-19th August 2000
Workshop on "Girl Child"	UNICEF, organized by Department of Home Science, University Of Rajasthan, Jaipur UNICEF	Sept, 1999
National Conference of IAP	Indian Dietetic Association, AIIMS, New Delhi,	Feb, 1999
XXXII National Convention of Indian Dietetic Association at New Delhi,	Nutrition Society of India, National Institute of Nutrition, Hyderabad.	Oct 1999

XXX Annual conference of Nutrition	Department. Of Home Science	27-28 Nov. 1997.
Society of India		
Workshop on "Girl Child". The Girl Child	Indian Science Congress	1994.
Year.	Association.	
Indian Science Congress. (Jaipur)	Social Welfare Department, Jaipur	Jan.1994.

#### 15. Details of conferences in which chaired a session

Chairperson in Technical session on Long term benefits of optimal Infant and Young Child Feeding for Children and Strategies and Interventions on Maternal and Child Health Nutrition at National Seminar on "Missed Opportunities in Child Nutrition Health and Development" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan, Supported by UNICEF, 30-31<sup>st</sup> January 2015.

Chaired a Scientific Session on Nutritional Assessment and Feeding in Critical Patients at State Level Conference on Nutrition and Health, organized by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).

#### 16. (a) National / International Collaborations with MoU (if any): NA

- (b) Number of papers published where co-author is from another institute within the country: 12
- (c) Number of papers published where co-author is from another institute outside the country: NA

#### 17. National / International Awards received: 2

- ➤ OUTSTANDING SCIENTIST AWARD (in the category of Science / Food and Nutrition) of the Research Awards VIFRA 2015 ( http://venusinfo.org / ra15.html ) that is to be celebrated on 19 December 2015 at GRT Grand, Chennai, India during the Annual Research Meet VIFARM 2015 ( http://venusinfo.org/arm.html ).
- ➤ Sambhavana Award for Society Achievers presented in New Delhi for Excellence in the field of Nutrition on 30<sup>th</sup> March 2015.

➤ Certificate of Felicitation by National Institute of Food Technology Entrepreneurship and Management, Ministry of Food Processing Industry, GOI, Kundli, Sonepat Haryana.

#### **Awards for Paper Presentation**

- ➤ IInd Position in Poster Presentation on "A shift from mom's food to fast food-moves health to obesity" in 48<sup>th</sup> Annual National Conference of Indian Dietetic Association organized by Banglore Chapter from 19<sup>th</sup> to 21<sup>st</sup> November 2015
- ➤ II<sup>nd</sup> Position in Oral Presentation on Facility Based New Born Care: A Case Control Study In Sawai Madhopur District Dr Nimali Singh¹, Dr Reshma Boolchandani¹, Sadia Chishty², Monika² And Dr Anil Agrawal³ at National Seminar on "Missed Opportunities in Child Nutrition Health and Development" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan, Supported by UNICEF, 30-31<sup>st</sup> January 2015.
- ➤ II<sup>nd</sup> Position in Oral Presentation on Improving Child Survival through Integrated Management of Neonatal and Childhood Illnesses., Nimali Singh, Sadia Chishty, Monika, Bhawna Samant, Kanika Varma and Anil Agarwal at National Seminar on "Missed Opportunities in Child Nutrition Health and Development" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan, Supported by UNICEF, 30-31<sup>st</sup> January 2015.
- ➤ Third Prize in ORAL presentation by Mahima Matta; **Nimali Singh**; Arvind Gupta and Rajeev Gupta, "Importance of N-3 Fatty Acid in the Vascular Functions in Type 2 Diabetes" At Platinum Jubilee International Conference, Foods & Nutrition, at EPIGENESIS: Empowerment for Excellence in Home Science, at Lady Irvin College with Presentation No. 10 in New Delhi. 4<sup>th</sup> October 6<sup>th</sup> October 2007.
- ➤ Certificate of Appreciation for **Oral Presentation**: Richa Chaturvedi, Nimali Singh, Reshma Boolchandani, Hina Khan and Ram Chandra (2010). *Analysis of Knowledge, Attitude and Practices Regarding Diet and Life-style Related Risk Factors among Male CAD Patients* at State Level Conference on Nutrition and Health, organised by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).

- ➤ Certificate of Appreciation for **Poster Presentation**: Tejender Kaur Sarna, Nimali Singh and Ram Chandra (2010). *Inclination towards Obesity Nutritional Status of School Going Children of Affluent Schools (10-14 Years)*" at State Level Conference on Nutrition and Health, organised by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).
- ➤ Certificate of Appreciation for **Poster Presentation**: Tejender Kaur Sarna and Nimali Singh (2010). *Anthropometry/ Body Mass Index as an indicator of nutritional status among school going children of affluent schools (10-14 years)*, at 43<sup>rd</sup> Annual National Conference of Indian Dietetic Association held at National Institute of Nutrition, Hyderabad, During 3<sup>rd</sup> -4<sup>th</sup> December 2010

# 18. Membership of technical societies / academic bodies/ National or international organizations (if any)

Position	Organization	Place
Life Member	Nutrition Society of India, NIN	Hyderabad
Life Member	Indian Dietetic Association	Jaipur, Rajasthan
(Executive Member)		
Founder and Life	M.Sc. Home Science Alumni	Deptt. Of Home Science
Member (Executive		U.O.R.
Member)		
Life Member	Ex. Angelites Association	Sophia School, Jaipur
Life Member	Old Student's Association	Maharani's College
		U.O.R.

#### 19. Details of Ph. D. students supervised:

Name of Student	Year of award	Title of thesis
Tejender Kaur Sarna	2014	A Study On Of Association of
		Environmental Factors with Obesity In
		School Going Children (10-14) Years.
Richa Chaturvedi	2015	A Study On The Association Of Weight

Loss With Related Factors Leading To	
Response V/S Non Response In Subjects	
Undergoing Comprehensive Weight	
Reduction Program In Jaipur City.	

#### **20. RESOURCE PERSON:**

- ➤ Coordinator one day Symposium on Maternal and Child Nutrition 4<sup>th</sup> Sept 2015 at Department of Lifelong Learning, Organized by Department of Home Science, University of Rajasthan Jaipur Supported By UNICEF.
- ➤ Coordinator one day workshop on Sensitizing Students on Infant Young Child Nutrition on 9<sup>th</sup> May 2015 at Department of Home Science, University of Rajasthan Jaipur Supported By UNICEF.
- ➤ Resource Person for a 1 Day Sensitizing training for Post Graduate students and Ph D students, on Infant and Young Child Nutiriton on 9<sup>th</sup> May 2015, at Department of Home Science, University of Rajasthan, Jaipur Supported by UNICEF
- Resource Person for Technical Support for Workshop on "Developing a Food Basket for Pregnant and Lactating Women" was organized by the PG Department of Home Science, University of Rajasthan in joint collaboration with UNICEF, Rajasthan, POSHAN and government.
- ➤ Coordinator of 3 Day State Level training on Infant and Young Child Nutrition from 26<sup>th</sup> to 28<sup>th</sup> April 2015, at Jaipur Palace, Jaipur Supported by UNICEF
- ➤ Chairperson in Technical session on Long term benefits of optimal Infant and Young Child Feeding for Children and Strategies and Interventions on Maternal and Child Health Nutrition at National Seminar on "Missed Opportunities in Child Nutrition Health and Development" Special Assistance Program (SAP), Department of Home Science, University of Rajasthan, Supported by UNICEF, 30-31<sup>st</sup> January 2015.
- ➤ Keynote Speaker at International Conference on Physical Education and Sports Science organized by Department of Physical Education, JECRC University, Jaipur held on 6 & 7<sup>th</sup> January 2015. Spoke on "Nutrition in Sports".

- Resource Person at Academic Staff College, University of Rajasthan, Jaipur in Short term course in Proficiency in Nutrition on December 2014. Title of Talk- Weight Management and Physical Activity.
- ➤ Resource Person at Academic Staff College, University of Rajasthan, Jaipur in Orientation Course on November 2014. Title of Talk- Nutrition in Health and Disease Pt I.
- ➤ Resource Person at Academic Staff College, University of Rajasthan, Jaipur in Orientation Course on November 2014. Title of Talk- Nutrition in Health and Disease Pt II.
- Resource Person at Eternal Heart Care Centre and Research Institute Pvt. Ltd. "Dual Burden of Malnutrition in India" held on 3<sup>rd</sup> September 2014
- ➤ Resource Person at Cocoon Hospotel "Women Wellness and Nutritional Care Pre and Post Pregnancy" held on 1<sup>st</sup> August 2014
- ➤ Member for Joint Review Mission by Ministry of Human Resource Development on Evaluation of Mid Day Meal Program of Rajasthan from 10<sup>th</sup> to 19<sup>th</sup> February 2014.
- ➤ Resource Person "Childhood Obesity: Changing Trends in Nutrition and Action to be Taken" in National Conference on Bioactive Compounds and Functional Foods in Health and Disease Management held on 15- 16<sup>th</sup> November,2013, at National Institute of Food Technology Entrepreneurship and Management, Ministry of Food Processing Industry, GOI, Kundli, Sonepat Haryana.
- ➤ Resource Person for Planning and preparation of recipes based on Makka and Bajra for Mid-day Meal Program for pre-primary and primary children, assignment by UNICEF and GOR, Education. October 2013.
- ➤ Resource Person for Planning and preparation of recipes for Development of Food Basket for pregnant and lactating women, assignment by UNICEF and GOR, Planning. September 2013.
- ➤ Panelist in Symposium on Oryzanol: The quintessential Cardio-nutirent, Organized jointly by IDA Jaipur Chapter Adani Wilmar group and Via Media Health, held on 21 Sept 2013.

- ➤ Panelist in Session on Health and Society in Rajasthan in National Workshop on Idea of Rajasthan organized by Department of Sociology, University of Rajasthan under UGC Special Assistance Program on 29 Mar'12
- ➤ Resource Person at Academic Staff College, University of Rajasthan, Jaipur in Orientation Course on November 201. Title of Talk- Nutrition in Stress
- ➤ Talk on: Healthy Children are Happy Children for Primary School Children at Seedling Public School on 10 Aug 2011
- ➤ Talk on: Simple Dietary Modifications in Improving Overall Health, at International College for Girls on 23 Sept 2011
- ➤ Talk on: Assessment of Child Survival Program (IMNCI) in Baran District of Rajasthan, at State Level Conference on Nutrition and Health, organized by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).
- Chaired a Scientific Session on Nutritional Assessment and Feeding in Critical Patients at State Level Conference on Nutrition and Health, organized by IDA Jaipur Chapter and Department of Home Science, University of Rajasthan (25-26 Nov 2010).
- ➤ **Training** of Trainers organized by Department of Women and Child Development supported by UNFPA "Nutrition and Health of Adolescent girl" on 19.12.08 held at Indira Gandhi Panchayati Raj Training Centre, JLN Marg, Jaipur.
- ➤ Lecture on Obesity: An update, organized by Department of Home Science, University of Rajasthan and Indian Dietetic Association, Jaipur Chapter (17 Feb 2003)
- ➤ **Lecture** on "Obesity and Fitness" in the UGC sponsored refresher course in Home science, Jaipur, 25 Aug., 05.
- ➤ **Radio Talk** on All India Radio entitled, "Ankurit ann rakhe sehatmand" Broadcasted on 2.5.09.